

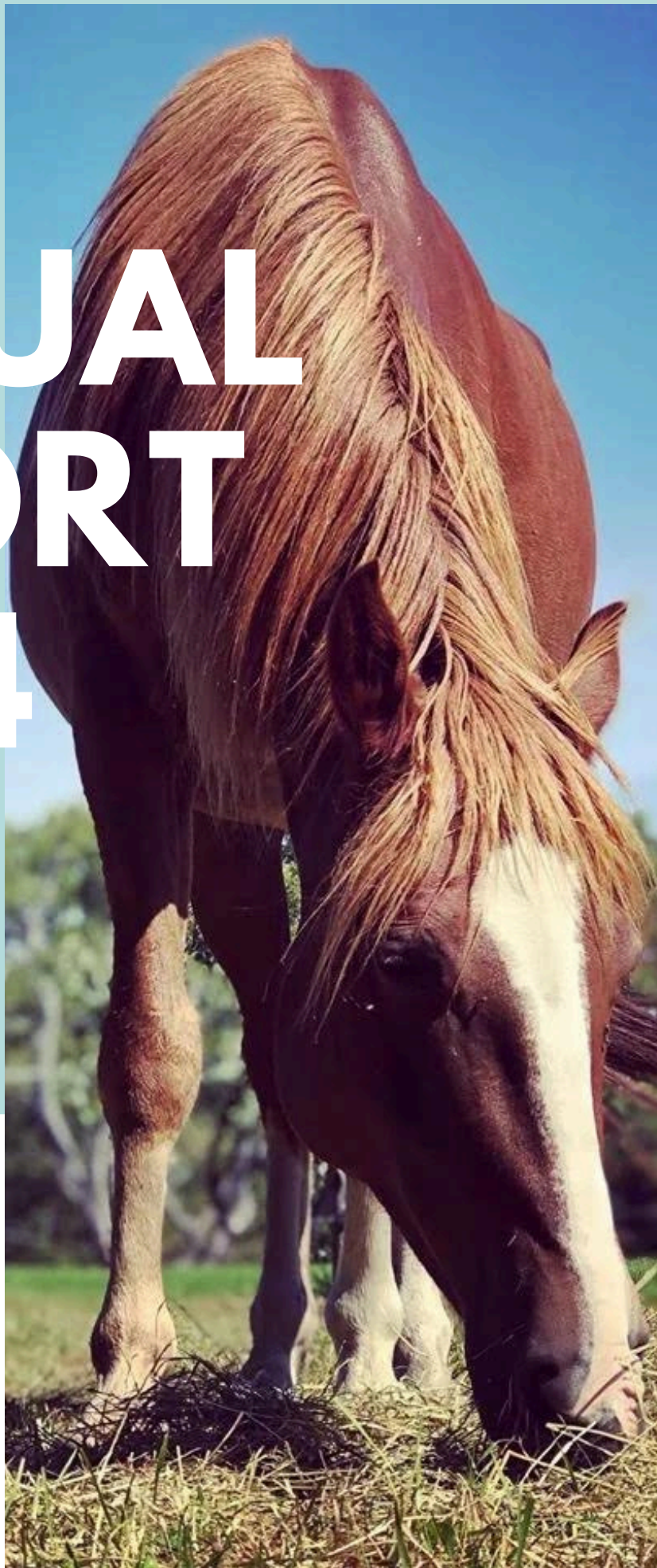


# ANNUAL REPORT 2024

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**Healing  
Hoofbeats  
of CT, Inc**



# A WORD FROM OUR FOUNDER

Dear Friends & Supporters,

As I reflect on 2024, I am filled with awe and gratitude for the incredible journey Healing Hoofbeats of CT has taken. This year has been one of resilience, progress, and deep connection—both with our community and our mission.

Growth often asks us to step into the unknown, to challenge what we think we're capable of, and to embrace change. I am proud to say that our organization has done just that. We have expanded our reach, strengthened our programs, and continued to uphold the highest standards of care for our incredible therapy partners—our beloved animals.

This year, we made significant strides in bringing our mission to life:

- **Expanding Our Team:** We welcomed two additional licensed therapists as well as added an APRN, allowing us to serve even more individuals and families
- **Enhancing Animal Care:** Thanks to improved nutrition plans, consistent professional services, repairs to our barn roof, the creation of an outdoor water line, and the tireless dedication of our staff and volunteers, our four-legged team members continue to thrive.
- **Bringing Therapy to New Places:** Through generous funding, we launched mobile services, taking our therapy animals directly to those who need them most; assisted living facilities.
- We welcomed large groups of volunteers on our property who in turn helped us enhance our therapeutic garden
- Had a successful cohort complete our on site course “Healing With Animals: An Eclectic Approach to Equine & Animal Supported Psychotherapy Certification”, which provides Licensed Clinicians with 18 ceus from NASW to help further their education in the area of Animal and Equine Supported Psychotherapy.

As mental health challenges continue to rise, the demand for our services grows. Healing Hoofbeats offers a unique and essential respite—a place where nature, animals, and therapeutic support come together to create profound healing. Every day, we witness our clients' courage and commitment to their well-being, and every day, we are honored to walk alongside them on their journeys.

None of this would be possible without you—our supporters, donors, volunteers, and advocates. Your belief in our mission fuels everything we do. Thank you for standing with us.

Looking ahead, I pledge to continue leading Healing Hoofbeats with integrity, compassion, and innovation. Together, we can stretch to new heights, meet the growing needs of our community, and ensure that both our clients and our animal partners receive the best care possible.

Will you join me in this commitment? Together, let's make 2025 another year of healing, growth, and transformation for all.

With heartfelt gratitude,

**renee bouffard**

FOUNDER/EXECUTIVE DIRECTOR



# HEALING IN ACTION

JANUARY 2024- DECEMBER 2024

## THERAPY SESSIONS

3,600

MEDIAN AGE  
FOR CLIENTS:  
18

## ANIMAL SUPPORTED THERAPY SESSIONS

915

SESSIONS WITH  
HORSES

850

SESSIONS WITH  
GOATS

560

SESSIONS WITH  
CATS & KITTENS

200

SESSIONS WITH  
PENNY (DOG)

120

SESSIONS WITH  
CHICKENS

## VOLUNTEER HOURS

200

THANK YOU  
FOR HELPING  
ENHANCE OUR  
MISSION'S  
IMPACT!

## HEALING HOOFBEATS OF CT, INC

We are a 501(c)(3) nonprofit organization based in Bethlehem and serving clients all across Connecticut. Our Licensed Therapists work with each individual we serve to help them begin the healing process, set therapeutic goals, and establish meaningful connections in their lives.

## MISSION

*To foster connection and support empowerment through equine and animal supported therapy.*

## VISION

*It is our belief that through learning how to build mutually beneficial relationships with animals we begin to heal from past experiences, learn how to navigate difficult situations and feel more at peace in our lives.*



# OUR PROGRAMS

## INDIVIDUAL PSYCHOTHERAPY

*Equine & Animal Supported Psychotherapy captures the powerfully healing effects of the bond between humans and animals. It is our philosophy that everything that happens in our lives happens in the context of relationships; and that is how we begin to heal, through connection. Clients engage in this nature-based therapy through partnering with a horse or another farm animal of their choosing to learn how to build and maintain mutually beneficial relationships. Individual psychotherapy is facilitated by one of our licensed mental health professionals.*



*Partnering with an animal is a non-judgmental way to begin to heal from past wounds and learn more effective ways to engage in a relationship. Through this experiential therapy, these skills begin to create new pathways in our brain and enhance our daily interactions outside the farm, so that we can feel more empowered in our lives.*

## HEALING WITH ANIMALS: AN ECLECTIC APPROACH TO EQUINE & ANIMAL SUPPORTED PSYCHOTHERAPY CERTIFICATION



*This unique opportunity worth 18 credits from NASW was designed by Renee Bouffard, LCSW and Kate Nicoll, LCSW, RPT of Soul Friends Inc., offers Licensed Clinicians hands on training on how to integrate Equine and Animal Supported Psychotherapy into their practices via a 2 weekend certification course.*

*Recent case studies have proven that the progress clients make in traditional therapy in one year can be accomplished in equine supported psychotherapy in sixteen weeks!*

# OPERATION WARRIOR HORSE FUND

Our Operation Warrior Horse Fund aims to provide free therapy for all Veterans for as long as they need and provide twice yearly meetups facilitated by our therapists to create a sense of camaraderie. Grants, donations, and sponsors such as yourself make up the base of our OWH Fund supporters

Every donation aids in establishing scholarships for Veterans to experience the healing effects of the horse and human connection at Healing Hoofbeats of CT. Our mission is to raise \$10,000 in 2025 to provide 50 free therapy sessions to our Veteran clients. A portion of these funds may be used for overhead costs as well.



## SENSORY FRIENDLY FARM

Some may find public settings overstimulating, but want to experience the joy and companionship of the farm animals. At Healing Hoofbeats we understand that need and want to offer these unique individuals or groups the opportunity to engage with our animals in a sensory-friendly way to promote regulation and foster natural learning opportunities.



Facilitated by a mental health professional, this therapeutic experience allows participants to experience true connection with our four-legged healers who come in all shapes and sizes!

A generous grant from the Connecticut Community Foundation allowed us to bring our therapy animals free of charge to 6 assisted living facilities so that seniors could engage with our Animal Healers.

# INCOME FY24

PROGRAM ACTIVITY	\$228,969.78
GRANTS	\$5,780
GENERAL DONATIONS	\$48,524.21
TOTAL INCOME	\$352,448.80

# EXPENSES FY24

PAYROLL	\$171,857.53
FARM & ANIMALS	\$41,200.31
BUSINESS & OFFICE	\$7,573.59
PROFESSIONAL SERVICES	\$2,379.76
AUTO & TRANSPORT	\$17,525.12
MARKETING	\$977.42
INSURANCES	\$1,625.71
EVENT COSTS	\$5,007.35
CHARITY & GIFTS	\$91.36
CC & FINANCE CHARGES	\$816.35
TOWN TAX	\$700.69
DINING & FOOD	\$563.31
UTILITIES	\$2,246.66
BANK FEES	\$60.11
TOTAL EXPENSES	\$334,052.32

# ASSETS

TOTAL ASSETS	\$50,000.00
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## DID YOU KNOW?

UNLIKE OTHER THERAPY PRACTICES, WE INCUR NEARLY \$50,000 A YEAR IN EXPENSES TO MAINTAIN OUR FARM AND THE HEALTH AND HAPPINESS OF OUR ANIMAL HEALERS

# THANK YOU TO OUR GENEROUS 2024 DONORS

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We are incredibly grateful for the support that you have provided! Individuals, businesses, and organizations recognized Healing Hoofbeats as a vital resource for the community. Your generous donations allow us to continue our mission to provide the therapeutic and educational services necessary to help individuals in need lead more empowered lives. Thank you!

Diane and Timothy Abel  
Rosemarie Adams  
Danny Allen & Heather Allen  
Lori Angelo  
Donna Bellonio  
Tamzen Blasetti  
Mary-Anne Blount  
John & Dana Bongiorno  
Kristin Bonner  
Heather Boscarino  
Nicole Bouffard  
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Lauren Crowley  
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Pete Damato  
Davis Companion Animal Hospital  
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Lorraine Martin  
Melanie Matcheson  
Donna Matula  
Catherine Mayer  
Lonni McDonald  
David McLeod  
Michelle Mercurio



# 2024 DONORS CONTINUED

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New Morning Market  
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Gail M Uhlig  
David and Electa Varnish  
Kathleen Wassall  
Elizabeth Willoughby  
Steven Wilson

## VOLUNTEER SPOTLIGHT:

**EVERSOURCE**

WE ARE THRILLED TO SHINE A SPOTLIGHT ON THE INCREDIBLE VOLUNTEERS FROM EVERSOURCE ENERGY GROUP! THEIR CONTINUED DEDICATION TO HELPING US BUILD AND MAINTAIN THE GARDEN AT HEALING HOOFBEATS OF CT HAS BEEN INVALUABLE. FROM REPAIRING RAISED BEDS, MAKING THE GARDEN MORE ADA ACCESSIBLE, TO REPAIRING OUR GREENHOUSE, THEIR HARD WORK ENSURES THAT THIS SPACE THRIVES AS A SANCTUARY FOR BOTH OUR CLIENTS AND THERAPY ANIMALS.



# HOLIDAY HOEDOWN FOR HOOFBEATS SPONSORS

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LITTLE BIG DELI

NICK'S COUNTRY KITCHEN

BUSINESS & SHIPPING CENTER

OF SOUTHBURY

SHUTTER SPEED PHOTO

WOODBURY FARM MARKET

ROXBURY ANIMAL HOSPITAL

CEDAR SPRING FARM

ALPHA FINANCIAL GROUP



BEATS PER MINUTE



CATHERINE MAYER

PET PASSAGES OF SOUTHBURY

ALPHA FINANCIAL GROUP

TOWNE APOTHECARY

BETHLEHEM SPIRIT SHOP

NEW ENGLAND PAYROLL

SERVICES

SOUTHBURY PRINTING CENTRE

GAIL UHLIG

# UPCOMING EVENTS FOR 2025

## BUY A BALE CAMPAIGN

Our annual campaign aiming to raise \$7,000 to purchase a year's worth of locally grown hay for our Animal Healers March 1st-31st.

## OPEN FARM DAY

Free and family friendly!  
May 18, 2025

## BREWERY NIGHT

Join our staff in a casual evening at a local brewery where proceeds from the evening to back to us!  
April 2025 (exact date TBD)

## 80S PROM NIGHT FUNDRAISER

Fall 2025 (exact date TBD)

## DONOR DAY

Donor appreciation event  
June 12th 5:30-6:30

# WAYS TO DONATE

PLEASE VISIT OUR WEBSITE'S DONATION PAGE

[WWW.HEALINGHOOFBEATSOFC.T.ORG/SUPPORT](http://WWW.HEALINGHOOFBEATSOFC.T.ORG/SUPPORT) FOR CREDIT CARD DONATTION

CHECKS MAY BE MAILED TO:  
HEALING HOOFBEATS OF CT  
41 JUDGE LN  
BETHLEHEM, CT 06751



**venmo**



**Scan. Pay. Go.**